

ACS Hillingdon Lower School, Late Summer/Autumn 2009 Menu

Mon	Tues	Wed	Thur	Fri
Week 1	Commencing: 24/08/09; 28/09/09; 09/11/09;			
Sweet & Sour Chicken & Noodles	Chilli Con Carne & Rice	Southern Fried Chicken & Potato Wedges	Fish of the Day & Mashed Potato	Beef Bolognese & Pasta
Cookies	Jell-O	Homemade Cake	Chef's Special	Fruit Slushy
Week 2	Commencing: 31/08/09; 05/10/09; 02/11/09			
BBQ Chicken & Potato Wedges	Jambalaya & Garlic Bread	Honey Roast Ham & Trimmings	Chicken Fajitas & Rice	Pizza Day
Cookies	Jell-O	Homemade Cake	Chef's Special	Fruit Slushy
Week 3	Commencing: 07/09/09; 12/10/09; 23/11/09			
Chargrilled Burgers & Potato Wedges	Grilled Chicken & Cous Cous	Fish of the Day & Mashed Potato	Creamy Chicken & Sweetcorn Pie	Moroccan Lamb & Rice
Cookies	Jell-O	Homemade Cake	Chef's Special	Fruit Slushy
Week 4	Commencing: 14/09/09; 26/10/09;			
Pork Sausages & Mashed Potato	Chef's Curry, Rice & Poppadums	Italian Chicken & Pasta, Garlic Bread	Chunky Beef & Dumplings	Pizza Day
Cookies	Jell-O	Homemade Cake	Chef's Special	Fruit Slushy
Week 5	Commencing: 21/09/09; 02/11/09;			
Tex Mex - Ribs, Wings & Onion Rings	Beef Lasagne & Garlic Bread	Breaded Turkey & Rice	Fish of the Day & Mashed Potato	Beef Stir Fry & Noodles
Cookies	Jell-O	Homemade Cake	Chef's Special	Fruit Slushy
We Serve Fresh Fruit & Vegetables Every Day and Ensure Your Child's Plate is Nutritionally Balanced				

All our menus are freshly produced using the finest ingredients each day.

Menu maybe subject to change at short notice.